

# From the Principal's Desk

#### The Olympics: A Celebration of Unity, Excellence, and Global Sport

The Olympics stand as one of the most celebrated and unifying events in the world of sports, bringing together athletes from every corner of the globe to compete in a spirit of camaraderie and excellence. Originating from ancient Greece, the modern Olympic Games have evolved into a grand spectacle that transcends national boundaries, highlighting the universal values of perseverance, skill, and sportsmanship.

The Origins and Evolution of the Olympics -The Olympic Games have their roots in ancient Greece, with the first recorded games held in 776 BCE in Olympia. These early competitions were dedicated to Zeus, the king of the Greek gods, and featured events such as running, wrestling, and chariot racing. The Games were held every four years and became a central part of Greek culture and religion. In 1896, the modern Olympic Games were revived by Pierre de Coubertin, a French educator and historian, who sought to foster international peace and understanding through sports. The first modern Olympics were held in Athens, Greece, and featured 13 nations competing in 43 events. Since then, the Games have grown exponentially, with over 200 nations participating in a wide range of sports.

The Spirit of the Olympics - The Olympics embody a unique spirit that goes beyond mere competition. The Games are governed by the principles of Olympism, which emphasize the value of sports in fostering peace, understanding, and unity among nations. The Olympic motto, "Citius, Altius, Fortius" (Faster, Higher, Stronger), reflects the pursuit of excellence and the continuous striving for improvement. One of the most iconic symbols of the Olympics is the Olympic Flame, which is lit in Olympia and transported to the host city through a relay. The flame represents the continuity of the Olympic tradition and the illumination of the values of the Games.

**The Impact of the Olympics on Global Sport -** The Olympics serve as a powerful platform for showcasing athletic talent and promoting sports around the world. For many athletes, participating in the Games is the pinnacle of their careers and a

testament to years of hard work and dedication. The exposure and recognition that come with competing on such a grand stage can have a transformative impact on athletes' lives and careers. The Games also play a significant role in popularizing sports that may not receive widespread attention otherwise. Events like figure skating, javelin throw, and modern pentathlon often gain prominence during the Olympics, sparking increased interest and participation in these sports globally.

Looking Ahead: The Future of the Olympics - The future of the Olympics holds exciting possibilities as the Games continue to evolve. Innovations in technology, such as advanced broadcasting and virtual reality, are enhancing the spectator experience and broadening the reach of the Games. The inclusion of new sports and events, such as skateboarding and surfing, reflects the dynamic nature of the Olympics and the effort to engage younger audiences. The 2024 Paris Olympics and the 2028 Los Angeles Olympics, promise to build on the rich tradition of the Games while embracing new challenges and opportunities. The emphasis on sustainability, inclusivity, and global engagement will shape the future of the Olympics and ensure that they remain a celebration of athletic excellence and international unity.

The Olympics represent a powerful symbol of global unity and athletic excellence. From their ancient origins to their modern incarnation, the Games have continued to inspire and captivate audiences worldwide. As the world looks forward to future Olympic Games, the spirit of the Olympics—embodying the values of peace, understanding, and striving for greatness—will continue to shine brightly, celebrating the very best of human potential and sportsmanship.

- Ms. Sripurna Sarma, Principal, RIA Sarjapur

### **Chief Editor**

• Ms. Sripurna Sarma, Principal

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# **Pre-primary**

- Ms. Shalini Sharma
- Ms. Tresa Jashmine
- Ms. Zehra



### **Quote of the month**

"We don't have a Society if we destroy the Environment."

- Margaret Mead

# National Doctor's Day Mont I to Grade VII

**Celebrating National Doctor's Day:** Honouring Our Healthcare Heroes.

National Doctor's Day is an occasion to recognize and appreciate the hard work, dedication, and compassion for doctors who serve our communities. At Ryan International Academy, Sarjapur, we proudly celebrated this day by honouring the remarkable contributions of the medical fraternity to our well-being on 1st July 2024, i.e. Monday. It served as a wonderful opportunity for educating students about the vital role that doctors play in our lives and communities.

To make this remarkable day memorable, we invited honourable healthcare providers as guests of honour for the event and recognized their valuable contributions to our communities. A grand welcoming of our

special guests, namely Dr. Joseph Mohan (MBBS from St. John's Medical College Hospital) and Dr. Esha Raj (Dentist from Columbia Asia Hospital) was done by respected Principal Ms. Sripurna Sarma with cards and bouquet.

Our Respected Principal Ms. Sripurna Sarma welcomed our special guests Dr. Joseph Mohan (MBBS from St. John's Medical College Hospital) and Dr. Esha Raj (Dentist from Columbia Asia Hospital) with welcome cards and bouquet.

Honourable guests shared their experiences and explained about the importance of doctors, their roles, and how they impact our lives. There It was an interactive session where students asked questions about medical careers and health-related topics to the esteemed guests.

A phenomenal performance was given by Montessori students through a ramp walk in doctor's attire which served as a tribute to their unwavering dedication and empathy in treating patients and enhancing public health. There were a series of activities conducted at different grades in order to honour the birth and death anniversary of the renowned physician Dr. Bidhan Chandra Roy. Grade I and II students presented healthy snacks and spoke about their importance for our bodies. Grades III to V students participated in an

Inter-Class Presentation Competition on the topic- "Healthy eating habits and how doctors help us keep healthy". Grade VI and VII students participated in an Inter-Class Elocution Competition on the topic- "Pandemic Preparedness".

The celebration of National Doctor's Day at Ryan International Academy, Sarjapur, was not just about a single day of recognition but a reminder throughout the year of the profound impact doctors have on our lives. Through education, tribute, and interaction, we honoured our healthcare heroes and encouraged young Ryanites to consider the noble path of medicine.

"Not every warrior has armour and sword. Some have white coats and a stethoscope."

#### **National Parents Day**

**National Parents Day:** Celebrating the Pillars of Our Lives".

National Parents Day underscores the fundamental role that parents play in individual development and societal stability. At Ryan International Academy, Sarjapur, we proudly celebrated this day by honoring and acknowledging the indispensable contributions that parents make in nurturing, shaping the future and ensuring the success of their children on 26th July 2024, i.e. Friday.

To make this remarkable day memorable, a special assembly was conducted where a phenomenal performance was presented by Montessori students on the theme of highlighting the importance of parents in our lives. It served as a wonderful opportunity to recognize and appreciate their dedication, hard work, and unyielding love. A series of activities were conducted at different grade levels. Starting from Montessori, children made eye-captivating cards for their parents. Grade I and II students participated







a drawing competition where they portrayed strong bonds with their family on the topic "My Family" or "A Day with my Parents". Grades III to V students participated in an Essay writing competition on the topic "Why I love my parents" or "My favorite family activity". They expressed their love and gratitude to their parents through this activity. Grade VI and VII students wrote poems or letters and took a chance to show appreciation for the countless ways parents contribute to shaping their lives. purpose behind engaging students meaningful activities was to foster stronger family- school connections, enhancement of community spirit. and celebrate invaluable contributions of parents. "The love and encouragement of our parents has been our compass. They've guided us through every challenge and triumph."

#### **Health Check-Up Camp**

Ryan International Academy, Sarjapur hosted a comprehensive health check-up camp for all students and staff on 25th July and 26th July 2024 (Thursday and Friday). This initiative was part of our ongoing effort to ensure the well-being of our students and to promote a healthy learning environment.

The objectives of this camp were to assess the general health of students and identify any issues that may need further attention, to encourage healthy habits and provide guidance on maintaining overall well-being and to detect potential health problems early, ensuring timely intervention and support. Parents received information and consent forms ahead of the event, allowing them to review and authorize their child participation.









The check-up was organized into several health stations:

**Physical Examination:** Basic assessment including height, weight, and blood pressure.

**Vision Tests:** Screening was conducted to identify any sensory impairment.

**Dental Check-Up:** Initial examination of dental health.

**General Check-Up:** General body check-up by General Physicians.

**Nutritional Assessment:** Evaluation of dietary habits and nutritional needs.

Students had individual consultations with healthcare professionals to discuss results and receive personalized advice. Each student received a summary report of their health status. The check-up raised awareness about health and wellness among students and parents. Early detection of potential issues allowed for timely interventions.

The health check-up at Ryan International Academy, Sarjapur was a valuable initiative that reinforce our commitment to student and staff health. We appreciate the cooperation of students, parents, facilitators and healthcare providers in making this event success.





# **ACTIVITIES**

### Field Trip to the Car Showroom: A Day of Exploration and Wonder Mont I & II

Today was an exciting day for the mont I & II Ryan, Sarjapur as they embarked on a special field trip to a local car showroom. The children of Ryan eyes sparkled with curiosity and anticipation as they stepped off the school bus and into the expansive showroom filled with shiny cars of all shapes, sizes, and colors. After entering, the children were greeted by friendly staff members who welcomed them warmly. The Montessori students eagerly inspected the cars, marveling at the smooth surfaces and vibrant paint jobs. Some touched the cars gently, while others peered through the windows to catch a glimpse of the interiors. Questions bubbled up endlessly. Why is this car so big? How fast can it go? and The showroom staff patiently answered each question, fostering a sense of discovery and learning. The highlight of the trip was the interactive session where the children could sit inside some of the cars. With wide eyes and giggles of excitement, they climbed into the driver's seats, grasping the steering wheels and pretending to zoom down imaginary roads. The showroom staff explained the various controls and features, turning the experience into a Wonder.

#### Field Trip - Mont III

Field Trip to the Fire Station!

Our students had an unforgettable field trip today, 19th July as part of our "Community Helpers" theme.



### **ACTIVITIES**

They were thrilled to visit the local fire station and see the fire engines and hose pipes closely.

The firefighters gave a mock demonstration on how they use their equipment in emergencies, providing a hands-on learning experience that our students will always remember.

#### **Parents Day Celebration**

Celebrating Parents Day in a kindergarten setting is a heartwarming occasion filled with joy and appreciation. It's a day where little ones eagerly prepare to showcase their love and gratitude for their parents or guardians. The Montessori kids of Ryan, Sarjapur organized a special assembly and a small program where children performed songs, rhymes, short skits and fancy dress dedicated to their parents. The Montessori kids of Ryan, Sarjapur participated in card making competition and enjoyed the Activity. In conclusion, Parents Day in kindergarten is not just a celebration, it's a meaningful opportunity for children to express their love. It was a day cherished by all, marking moments of joy, gratitude, and togetherness in the early years of a child's education.





## **COMPETITIONS**

## Plastic Bag Free Day - Mont I to III

The Montessori section of Ryan International Academy, Sarjapur, organized a Plastic Bag Free Day competition recently. The young children enthusiastically participated in the event by creating newspaper bags with the guidance of their teachers. They proudly walked into school holding these paper bags, spreading awareness about the harmful effects of plastic bags on our environment.

Through this competition, the students learned why plastic bags should not be used, understanding their detrimental impact on the environment, wildlife, and human health. The event aimed to educate and inspire the children to make eco-friendly choices from a young age. The participation of the children was marked by their zeal and enthusiasm, making the Plastic Bag Free Day a successful and impactful event at the school.







# Ryan Pinto Sir's Birthday Celebration

Celebrations resonated joyously today at Ryan International Academy, Sarjapur, as we marked the birthday of Ryan Pinto Sir, India's youngest social entrepreneur and our cherished role model. The entire school community came together enthusiastically to give a tribute to his vision and leadership. Students eagerly participated in a spectrum of competitions tailored to their interests The talents. Montessori and seament delighted in a 'Show and Tell' contest, sharing heartfelt stories about their beloved toys. Meanwhile, Grade I and II showcased their oratory skills in speech competitions and engaged in crafting vibrant birthday caps. Grades III to V tested their linguistic mettle in a spirited spell bee. Emphasizing commitment to sustainability environmental awareness, grade VII students planted three saplings, symbolizing growth and our collective dedication to fostering a greener future, a tradition upheld with each birthday celebration at our school. Happy Birthday, Ryan Pinto Sir, from the entire Rvan International Academy. Sariapur. family. Your passion and dedication inspire us all!

# Tiger's Day Celebration Mont I to III

Tiger Day Celebration at Ryan International Academy!

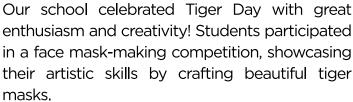












Our dedicated teachers narrated an engaging story about the importance of saving tigers, followed by a role play that captivated the students' attention. The excitement was palpable as students took a heartfelt pledge to protect these magnificent creatures.

Together, we are committed to raising awareness and doing our part to save tigers. Let's continue to support this noble cause.

# **Green Colour Day Celebration - Mont I to III**

Green represents purity, innocence, light, and goodness. It is the colour of perfection, symbolizing life, renewal, nature, and energy. It is closely associated with growth, freshness, harmony, fertility, and the environment.

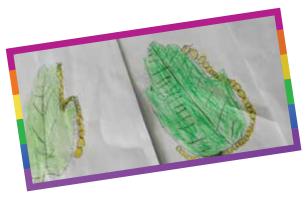
On this delightful day, our tiny tots came dressed beautifully in green, making the day pleasant and lovely.

Colour recognition was encouraged by displaying green objects and engaging the children in art and craft activities. At RIAS, our little Ryanities from mont I to III celebrated Green Colour Day with enthusiasm and joy, participating in various fun activities:











Mont I: Drawing and colouring caterpillars.

Mont II: Paper flower crown craft.

Mont III: Made leaves through palm painting.

These activities and colouring worksheets helped children explore their creativity. Sorting activities helped them identify and differentiate various colours. The Green Colour Celebration prompted the young ones to think about how colour enhances and influences our lives. It turned out to be a remarkable day filled with fun and enthusiasm.







### **ACADEMIC ACTIVITIES**

# **Tracing Writing Pattern Mont I**

Writing patterns such as tracing lines are commonly used in early childhood education to help develop fine motor skills and improve handwriting. These patterns typically involve tracing lines that vary in shape and complexity, starting from simple straight lines to more intricate curves and loops. Wooden tracing line activities are not only educational but also enjoyable for young children, providing a hands-on approach to learning foundational skills essential for their development. In this activity teacher has demonstrated how to trace the lines on the board. Students have Started with simpler patterns (e.g., straight lines) and progress to more complex ones (e.g., curves or zigzags).

# Fun with Fruit Salad Mont III

We are excited to share the wonderful experience our Mont III students had during our recent Fruit Salad Activity. This engaging event was not only educational but also a delightful way for our students to learn about healthy eating habits.

During the activity, our students participated in preparing their own fruit salad. Under the guidance of our dedicated teachers, students learned about different fruits, their nutritional benefits, and the importance of incorporating them into their daily diet. This hands-on experience allowed our young learners to explore various colours, and tastes while developing their fine motor skills through cutting and slicing fruits.



The activity not only emphasized the importance of eating fruits but also encouraged teamwork and cooperation among students.



#### Fun with Drawing - Mont III

Students of Mont III dived into the wonderful world of drawing houses using simple shapes. It's a fantastic way to introduce children to the fundamentals of art while fostering creativity and spatial awareness. Why Draw with Shapes? Drawing with basic shapes like squares, triangles, and rectangles helps young artists understand how objects are structured. It's a stepping stone towards more complex drawing techniques and encourages them to explore their imagination.



#### **Obstacle Course - Mont III**

The obstacle game for Montessori students is a fun and engaging activity designed to help develop their motor skills, coordination, and confidence. The game can include a series of simple, age-appropriate challenges such as crawling through tunnels, hopping over low hurdles, balancing on beams, and weaving through cones. Each obstacle is crafted to be safe and easy for young children to navigate while encouraging physical activity and teamwork. The game fosters a sense of accomplishment as the students successfully complete each task, all while having a great time in a playful, supportive environment.











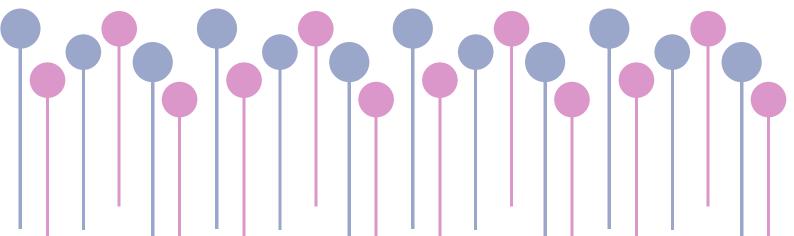


# **PARENT'S CORNER**

#### Good Day!

We can see a positive change in Ayansh's personality since he started with RIA. It's been a month and we see a sense of discipline in him. We are also very excited to see how he is very curious to go to school every day. He is really enjoying coming to school and every day he has something new to share with us. We are really delighted to see that how he is enjoying his learning journey. Thanks to Tresa Mam and Namitha Mam to help him feel comfortable in class. Thanks to team RIA for giving various learning opportunities to students. Kudos to you!!

- Ms. Divya Ya, Mother of Ayansh Dubela, Mont III 'B'





**Empowering Teachers with Effective Teaching Aids** - In the dynamic world of education, the role of teachers continues to evolve alongside advancements in teaching aids. The symbiotic relationship between educators and their tools not only enriches classroom experiences but also enhances learning outcomes. Let's delve into how these aids are transforming the teaching landscape.

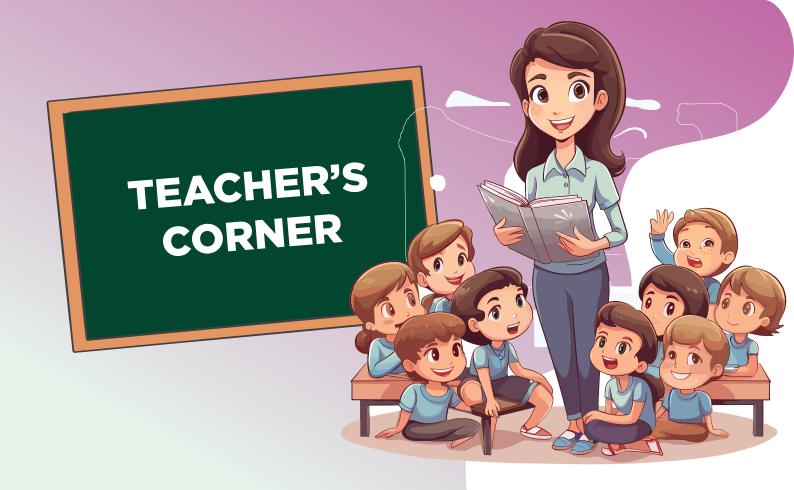
**Interactive Whiteboards** - Gone are the days of traditional chalkboards. Interactive whiteboards (IWBs) have revolutionized classroom interactions by integrating multimedia elements into lessons. Teachers can now seamlessly incorporate videos, animations, and interactive activities to cater to diverse learning styles. This technology fosters engagement and deepens understanding, making complex concepts more accessible.

**Digital Learning Platforms** - With the advent of digital platforms, learning has transcended the boundaries of the classroom. These platforms offer a repository of resources such as e-books, simulations, and quizzes, allowing teachers to personalize learning experiences. Additionally, they facilitate seamless communication between teachers, students, and parents, fostering a collaborative learning environment.

**Augmented Reality (AR) and Virtual Reality (VR)** - Imagine taking students on a virtual tour of ancient civilizations or exploring the depths of the ocean without leaving the classroom. AR and VR technologies enable immersive learning experiences, enhancing retention and sparking curiosity. By transforming abstract concepts into tangible experiences, these tools bridge the gap between theory and application, making learning more memorable and impactful.

**Adaptive Learning Software -** Every student learns at their own pace. Adaptive learning software utilizes algorithms to tailor educational content based on individual strengths and weaknesses. By providing real-time feedback and personalized recommendations, these programs empower teachers to address each student's unique learning needs effectively.

**Collaborative Tools -** In an era characterized by interconnectedness, collaborative tools such as Google Workspace and Microsoft Teams facilitate seamless collaboration among teachers and students. These platforms enable real-time document sharing, virtual meetings, and group projects, fostering teamwork and preparing students for the collaborative environments of the future.



**Teacher Professional Development -** Equipping teachers with the knowledge and skills to effectively utilize these teaching aids is crucial. Continuous professional development programs ensure that educators remain abreast of the latest advancements and pedagogical techniques. Workshops, seminars, and online courses empower teachers to harness the full potential of technology in education, ultimately benefiting student learning outcomes.

As we embrace the transformative power of teaching aids, it is essential to recognize that their efficacy lies in the hands of dedicated educators. By leveraging these tools thoughtfully and creatively, teachers can inspire a lifelong love of learning and equip students with the skills they need to thrive in an ever-changing world.

Here's to empowering teachers and embracing innovation in education!

- Ms. Tresa Jasmine G, Teacher - Mont III 'B'

Upcoming Events

• World Elephant Day

• Independence Day Celebration

• Yellow Day

• Raksha Bandhan

• Tirangaa